

KEVIN J. SEXTON FUND TO INCREASE ACCESS AND IMPROVE COMMUNITY HEALTH

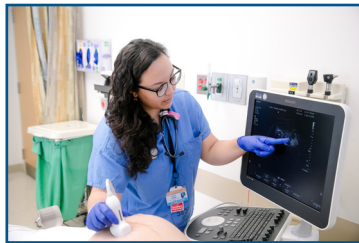
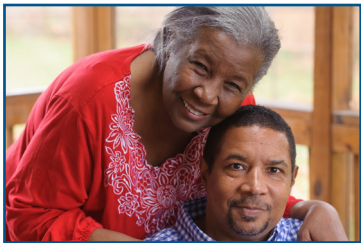
FISCAL YEAR 2019 IMPACT REPORT

Thank you for supporting the *Kevin J. Sexton Fund to Increase Access and Improve Community Health* this year. Support from this fund allows us to think holistically about the well-being of our socio-economically vulnerable patients and communities. You have made it possible for Holy Cross Health to meet patient needs when there is nowhere else to turn.

YOUR IMPACT

In FY19, Holy Cross Health disbursed **\$129,288** for social work and navigation, specialty care, patient-specific needs and community engagement.

Our four community-based Holy Cross Health Centers and two hospital-based OB/GYN Clinics provide culturally competent primary medical care to members of the community from Montgomery and Prince George's counties who are low-income with no health insurance or underinsured and have limited financial resources. The *Sexton Fund* augments these services by **addressing a broader set of needs** that would otherwise go unmet for some of our most vulnerable patients. This fund helps our Health Center and OB/GYN Clinic patients and their communities on their path to good health.



SOCIAL WORK AND PATIENT NAVIGATION

With increased funding, our social workers and patient navigators have **helped patients build resilience**, improve their ability to problem solve, and learn how to independently and successfully navigate food security, shelter and medical care. Our social workers have helped:

- A woman who had experienced infertility issues and a fetal demise **reclaim her hope** and move forward with life
- A patient with a history of trauma overcome panic attacks and **return to work**
- Parents with a young child **develop a parenting plan**, reconcile following a separation, and prevent the need for Child Protective Services intervention

SPECIALTY CARE

We provided **120 specialty care visits** to uninsured health center and OB/GYN Clinic patients. These included **84 sonograms**, which are critical for women at high risk for obstetric complications from diabetes or hypertension.

PATIENT-SPECIFIC NEEDS

For many patients, poor health keeps them from work and creates financial hardship. This fund helped to pay for medications, food, transportation and shelter to **help them through these difficult times**.

- A single parent who fell behind on rent during an illness was **able to stabilize housing** with short-term rental assistance until able to work
- Replacing a patient's ill-fitting prosthetic leg **broke the cycle** of frequent emergency department and health center visits due to pain

COMMUNITY ENGAGEMENT

A component of this fund is to support community engagement. Community members surrounding our four health centers helped identify health priorities and barriers to good health.

ABOUT THE KEVIN J. SEXTON FUND TO INCREASE ACCESS AND IMPROVE COMMUNITY HEALTH



This fund was established in 2016 in recognition of Kevin J. Sexton, Holy Cross Health's former and longest-tenured President and CEO. Mr. Sexton's commitment to equitable and accessible care inspired the creation of this fund as a way to help low-income, uninsured and underinsured patients at our four primary care Holy Cross Health Centers (located in Aspen Hill, Gaithersburg, Germantown and Silver Spring) and our two OB/GYN Clinics (located at Holy Cross Hospital and Holy Cross Germantown Hospital).

This fund began with the Holy Cross Health Board of Directors earmarking the earnings from \$2 million in investments to establish the *Kevin J. Sexton Fund to Increase Access and Improve Community Health*.

In fiscal year 2019, the investment income generated \$79,512 for the fund and 42 donors contributed \$28,287.

ABOUT THE HOLY CROSS HEALTH FOUNDATION

Every donation matters. The Holy Cross Health Foundation exists to improve the health of our community through the generosity of our patients, colleagues, community members, foundations, and corporations.

The Holy Cross Health Foundation is a 501(c)(3) tax-exempt charitable organization. It is through your partnership that we are able to provide continued care to our most vulnerable patients and their families. For more information, please contact us at 301-557-GIVE (4483) or visit HolyCrossHealth.org/Foundation.